

JOY OF READING 2024



Pre-Nursery & Nursery



Kindness Heart Hunt



A fun way of teaching our children to demonstrate acts of kindness towards family members is through play! In this fun and interactive activity, children can hunt for 'Kindness Hearts' around the room and perform the 'Acts of Kindness' with family members.

Have fun playing with your child!



What to prepare:

- Colourful paper heart cut-outs
- Coloured markers, writing materials, etc.
- Music

What you can do with your child:

1. Engage your child in conversation on what kind acts they can do with their family members e.g., 'Give a high-five', 'Say Thank You', 'Give a hug', etc.
2. Invite your child to write or draw the various ways they can demonstrate kindness on the paper heart cut-outs. If your child cannot write yet, ask him/her to dictate the phrase and you can write it for them.
3. Encourage your child to either leave the room or cover their eyes while you hide the 'Kindness Hearts' cut-outs in different parts of the room.
4. Play the music and invite him/her to walk/dance in the room. Once the music stops, he/she will hunt for the 'Kindness Hearts'.
5. When your child finds a 'Kindness Heart', he/she can perform the kindness act described on it.

What we are learning:

- Develop awareness and demonstrate simple kindness act(s) with family members.
- Enhance observation and exploration skills through 'Kindness Heart Hunt' activity.

Tips for parents:

You may customise the activity to cater to your family needs as part of promoting quality family bonding time e.g., involve all family members with younger/older siblings, reversing roles between family members to perform the kindness acts, etc.



Kindness Tree



A kindness tree is a unique way to encourage young children to perform acts of kindness. This visual activity helps them to understand that their kind actions contribute to something beautiful.

What to prepare:

- Drawing/coloured papers, brown paper (trunk, branches of the tree), green paper (cut into the shape of leaves), recycled cardboard, etc.
- Markers, coloured paints, etc.
- Scissors
- Glue or sticky tape

What we are learning:

- Develop awareness on the importance of being kind to others.
- Understand the positive impact of displaying kindness to the people around us.

What you can do with your child:

1. Create/draw the outline of a tree trunk and branches using a piece of paper or cardboard. Decorate the tree trunk with your child.
2. Assist your child to add 'a leaf' to the branches of the tree e.g., sharing a toy, helping a friend, etc, gradually filling the tree with kind acts each time he/she does something kind.
3. Help your child understand what he/she did by verbalising the act. E.g., "I see that you helped your sibling pack up the toys, so let's add a leaf to our Kindness Tree!"
4. Display the 'Kindness Tree' prominently at home to serve as a visual reminder of the power of Kindness.

Tips for parents:

You can model kindness to your child as part of supporting and promoting his/her growth and well-being. For e.g., helping the elderly to carry grocery bags, giving up seat for elderly in public transportation, etc. You will be amazed at how simple act(s) of kindness to the people around us create a 'ripple effect' and multiply with time!

