

# JOY OF READING 2024



Kindergarten 1 & 2





## Kindness Bookmark



Kindness bookmarks can be a simple yet impactful gift for your family and friends. It is important to teach our young children that being kind, whenever possible, can help to make someone's day and the world a better place!

#### What to prepare:

- Drawing/coloured paper cut to preferred size or shape
- Writing materials such as pencils, markers, crayons and coloured pencils
- Other craft materials such as stickers, dry leaves, stamps, colourful sprinkles, strings, etc.
- One-hole puncher
- Laminating machine & pouch (optional)

### What we are learning:

- Develop appreciation and empathy while fostering strong relationship with family members.
- Enhance fine motor skills through crafting activities.

### What you can do with your child:

- 1. Provide your child with drawing/coloured paper cut to preferred size and shape, writing materials and other craft materials to create a bookmark.
- 2. Engage your child to share what he/she thinks 'What a Kind Child Says/Is/Does/Does Not Do'.
  Encourage them to write their thoughts on the bookmark, e.g., 'A Kind Child Says Thank You', 'A Kind Child Plays with Everyone', 'A Kind Child Is Polite', or ' A Kind Child Does Not Hurt Others'. He/She can draw pictures and decorate the bookmark with creative designs.
- 3. Laminate for durability (optional) before punching a hole and inserting a string through it once the bookmark is ready.
- 4. Encourage your child to gift the bookmark to family members. Explain how this act of kindness can bring a smile and brighten up their family member's day.

### Tips for parents:

When your child shows kindness toward family members, be sure to acknowledge it and use the opportunity to praise and reinforce the behaviour. For e.g., you might say, "That was so kind of you to say thank you to your sister for helping you clean up the toys."





# Power of Giving



When we teach children the importance of 'giving to others' and how this small action can make a big difference in someone's life, you will be surprised by how this 'act of kindness' can have a positive impact in the minds of our young children!

#### What to prepare:

- Pre-loved items such as clothes, toys, books, etc.
- Dry or canned food such as biscuits, rice, flour, canned tuna etc.
- Packing materials such as recycled plastic/ paper bags, carton boxes, tape, scissors etc.

### What we are learning:

- Develop awareness about people in the community and how the 'Power of Giving' can instill the spirit of generosity and empathy among individuals.
- Understand the impact of their kind actions on others.

### What you can do with your child:

- 1. Donation of pre-loved items: Involve your child in the decision-making process of what pre-loved items can be donated to the community to give them a 'second life', and where to donate them e.g. Salvation Army Charity Organisation.
- 2. **Donation of food:** You may create awareness with your child on the importance of addressing food insecurities in the community by creating a 'food hamper' with him/her for organisations like Food from the Heart.
- 3. **Engage them in conversations** during the process to help them understand the impact they are making on their community!

### Tips for parents:

By modelling a 'giving' mindset, charitable values, behaviours and volunteering together as a family, you can instill generosity and empathy in your children that will benefit them for a lifetime.

Remember to recognise and celebrate your child's acts of kindness within your family to encourage him/her to continue practising charitable behaviours!