

JOY OF READING 2024



Infant & Playgroup





Mirror Play





Mirror, mirror on the wall. Who's the kindest baby of all?

Mirror play is a great way to help our little ones recognise and imitate facial expressions.

You will need:

A mirror



How this helps baby:

- Introduce positive facial expressions and actions.
- Mimic expressions and actions.

Before we begin, safety first!

- 1. Supervise your baby during mirror play.

 Babies are curious and may try to grab or even bite the mirror.
- 2. Use mirrors made from sturdy, unbreakable materials.
- 3. Ensure that wall-mounted mirrors are securely fastened, and handheld mirrors are firmly held to avoid accidents.

What you can do with baby:

- Use a mirror to show different expressions.
- Show a smiling face and encourage baby to do the same. Smiling is a way to show kindness and friendliness.
- Wave hello/goodbye and blow a kiss into the mirror and also encourage baby to do the same.





Fill Me Up

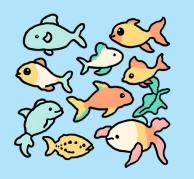


Scoop, Scoop and Scoop!

Water play is a fun activity for the little one! Let them have fun scooping while you scoop up their smiles too!

You will need:

- Sea creatures miniatures
- Scooping cup





How this helps your child:

- Engage multiple senses such as touch, sight, and hearing.
- Interact with parents or caregivers.



Before we begin, safety first!

- 1. Ensure the miniatures do not have sharp edges and small parts that may pose risk to children.
- 2. Provide a safe space for your child to play with proper supervision.
- 3. Ensure the cup and container are in good condition and check for damage that could hurt the child.

How you can engage your child:

- Introduce each sea creature to your child.
- Put the sea creatures into an empty container.
- Get your child to scoop water from another pail to fill up the container with sea creatures.
- Let the child enjoy scooping and make playtime more exciting by narrating what your child is doing!





I Can, You Can Too!



Key Word Sign - Singapore (KWS) uses signs from Singapore Sign Language (SgSL) and natural gestures to support children who have yet to develop speech.

You will need:

 KWS for greetings (Refer to Resource Pack in Annex)

How this helps your child:

 Strengthen child's communication by using formal signs and natural gestures.

Key Word Sign Resource Pack (2023 V1)
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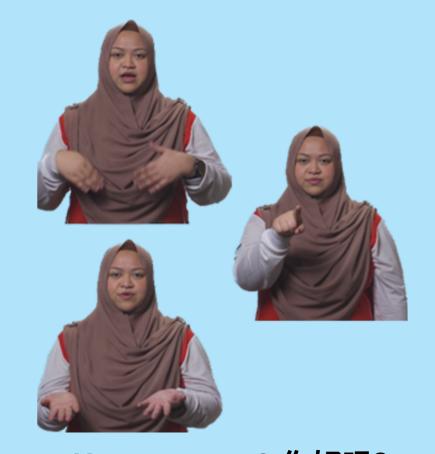
KWS Greetings



Hello 你好
Palm open on dominant
hand with fingers together.
Wave palm side to side.



I'm good 我很好
Using your dominant
hand, point to yourself.
Place dominant hand palm
open on your lips. Bring
palm towards open non
dominant hand.



How are you? 你好吗?
Both palms flip outwards.
Dominant index finger points outwards.



Thank you 谢谢
Palm open on
dominant hand and
touching your chin.
Bring palm forward.

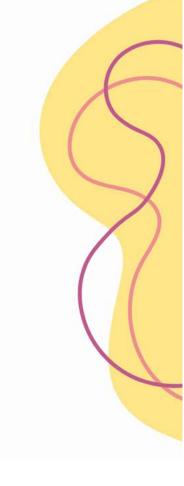






Key Word Sign -Singapore

Educator and Parent Resource Pack





This resource pack serves to complement the online workshop titled "IET Key Word Sign – Singapore Video Series". The objective of this resource pack is to help teachers and parents to:

- 1) Describe the features of Key Word Sign and its approach.
- 2) Demonstrate core Key Word Signs that can be embedded through different daily routines and activities.

Please watch the Key Word Sign videos online before referring to this Resource Pack.

This resource pack is provided for the sole use of workshop attendees and is solely intended for educational purposes only. Reproduction and distribution of the resource pack without written permission from the PCF IET Allied Health Professional Team is prohibited.

Key Word Sign - Singapore

Key Word Sign - Singapore (KWS) uses signs from Singapore Sign Language (SgSL) and natural gestures to support communication and language development of children with communication difficulties.

Introduction to Key Word Sign - Singapore:

- Representing what we say with hand signs and gestures.
- When we speak, only the key words are signed at the same time.
- Strengthens children's communication and teaches them some important words through the use of formal signs and natural gestures.
- Supports children who have yet to develop speech.
- Signs from the Singapore Sign Language (SgSL) are incorporated into Key Word Sign – Singapore.



- KWS Singapore is different from SgSL, which has its own grammatical and linguistic structure that differs from spoken and written languages.
- KWS Singapore as a whole school approach can increase children's participation and an appreciation of diversity in the early childhood classroom.
- KWS Singapore can be incorporated throughout the day during lessons, daily routines, and transitions between activities.

2023, Version 1

Written by: Alison Choo and Tammy Lim, Speech-Language Therapists, PMD-IET



Core Words



Yes 是

Close dominant hand into a fist. Place thumb on top of index finger. Move fist up and down thrice while nodding head.



No 不是

Open and close the first three fingers of dominant hand. Shake head.



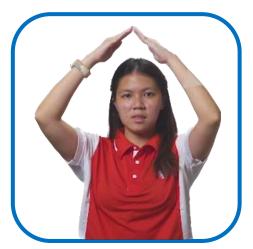
Help 帮

Thumbs up on dominant hand. Palm face upwards on non-dominant hand. Place the dominant hand on the non-dominant hand, then move upwards.



Toilet 厕所

Spell "T" with your fingers on dominant hand. Shake three times.



House 家

Touch tip of fingers together above your head in the shape of a roof.



Teacher 老师

Raise both hands with fingers touching. Bring your hands downwards with palms facing inwards.



Friend 朋友

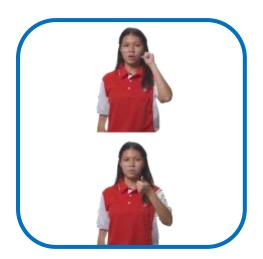
Tap index fingers on both hands. Alternate three times.



Today 今天

Point both index fingers downwards.





Tomorrow 明天

Close dominant hand into a fist. Thumb resting on your index finger. Place thumb on the side of your cheeks. Draw it outward and forward.

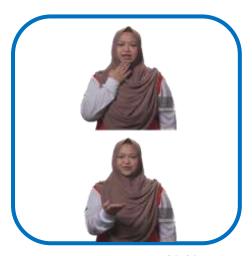


Yesterday 昨天

Spell "Y" with your fingers on dominant hand. Bring it to the side, with your thumb touching your chin. Draw the "Y" upward to your ear.

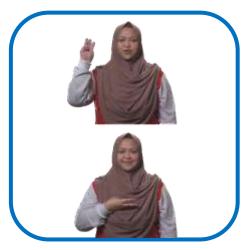


Greetings



Thank You 谢谢

Palm open on dominant hand and touching your chin. Bring palm forward.



Welcome 不客气

Spell "W" with your fingers on dominant hand. Bring it from the side of your body to the middle of your chest.



Please 请

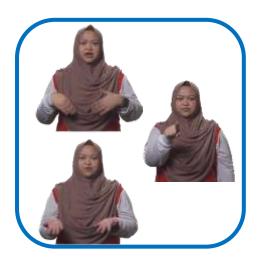
Palm open on dominant hand. Move your palm three times in circular motion at the front of your chest.



Hello 你好

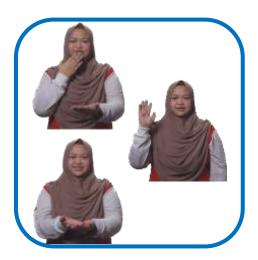
Palm open on dominant hand with fingers together. Wave palm side to side.





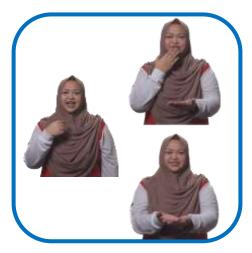
How are you? 你好吗?

Both palms flip outwards. Dominant index finger points outwards.



Goodbye 再见

Place dominant hand, palm open on your lips. Bring palm towards open non-dominant hand. Wave dominant hand.



I'm good 我很好

Using your dominant hand, point to yourself. Place dominant hand palm open on your lips. Bring palm towards open non-dominant hand.



See you 再见

Point index finger and middle finger of dominant hand to eyes. Gesture outwards. Point with index finger outwards.





Good morning 早安

Place dominant hand, palm open on your lips. Bring palm towards open non-dominant hand. Place non-dominant hand palm down on the inner elbow of dominant palm-up hand. Bring dominant hand upwards, palm facing in.



Good afternoon 午安

Place dominant hand, palm open on your lips. Bring palm towards open non-dominant hand. Rest elbow of dominant hand, palm facing outward at a 45-degree position on the back of non-dominant, palm-down hand.



Mealtime Routine



Eat 吃

5 fingertips touching on dominant hand. Tap three times on the front of your mouth.



Drink 喝

Form a "C" on your dominant hand. Place it at the front of your mouth. Tilt hand backwards.



I want 我要

Using dominant hand, point to self. Open both palms in front of your chest. Close palms while drawing back to body.



Don't want 不要

Cross arms in front of your chest. Open both palms in front of your chest. Close palms while drawing back to body.



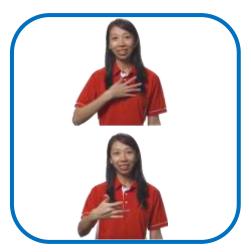
Ready 准备好了

Spell "R" with both hands. Draw it from the inner chest outwards.



More 多

Bring both hands together. 5 fingertips touching on each hand. Tap three times.



Like 喜欢

Place open palm of dominant hand on chest. Bend the middle finger as you draw your hand outwards.

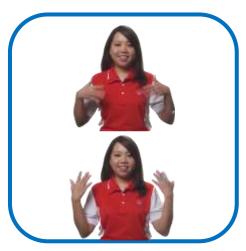


Finish 结束/完了

Fingers spread open. Draw palms from your chest outwards.

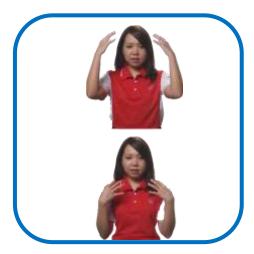


Emotions



Happy 开心

Palms open and facing the chest. Gesture upwards. Smile



Sad 伤心

Palms in front of the face. Frown. Gesture down to neck level.



Sorry 对不起

Close fist on dominant hand, thumb facing up. Move fist clockwise on chest twice.



Love 爱

Close fist on both hands. Hug your arms in front of your chest.



Angry 生气

Arc palm with curved fingers. Place both hands near the middle of your chest. Gesture upwards and backwards to cheek level.



Worried 担心

Spell "W" with both hands. Place your hands near the sides of your face. Gesture in circular motions.



Surprised 惊喜

Close your eyes. Place your thumbs and index fingers together. Put them beside your eyes. Flick fingers open to spell "L". Raise eyebrows simultaneously.



Kindness Box



Kindness Box is designed to aid toddlers learn simple words while enhancing their fine motor skills through the manipulation of cards. It fosters gentle interaction by introducing children to positive vocabulary, making it both educational and encouraging for the young.

You will need:

- KWS visual cards or self-made cards with simple kind words
- A box of a shoe box size



Thank you

How this helps your child:

- Promote child's fine motor skills.
- Learn about simple positive words.

What to prepare for the game:

- Use a box of shoe box size and make an opening on top of the box.
- Use KWS visual cards or make some cards with simple words or phrases like, "Thank you", "Please", "Welcome", "Can you help me?"

What you can do with your child:

- Point to the cards and say to your child:
 "Can you please take one card and put it in the box?"
- Read the words on the card when your child picks one and encourage him or her to put it into the box.
- After your child puts the card into the box, you will say, "Good job! Now it is my turn to put the card."



